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CHEFS' SECRETS

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GANGS GONE WILD

IT TAKES TWO
COUPLES WORKOUTS

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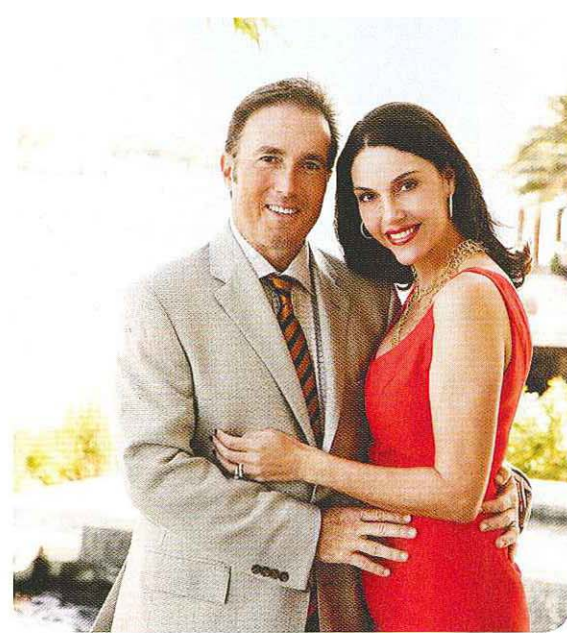


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getting to know
TED AND DEBORAH BERNSTEIN
PHILANTHROPISTS

Giving back
Philanthropy always has been a way of life for Boca Raton residents Ted and Deborah Bernstein. Ted, president of the Boca-based Life Insurance Concepts, had been active with the Gastro-Intestinal Research Foundation, the Simon Wiesenthal Center and other organizations. Deborah was involved with the American Cancer Society and had helped to launch Make A Difference USA. Deborah says that when the two met in 2003, they "just merged [their] lives." The couple married in 2005; they have a combined four children from their previous marriages.

Talk it out
In 2007, the couple started the Bernstein Family Foundation, which provides financial assistance to underprivileged children in need of crisis counseling. The Bernsteins were inspired after funding an individual case and witnessing the dramatic results that therapy had on a child in need of emotional help. Since the organization's inception, the Bernstein Family Foun-

ation has assisted children throughout South Florida.

The big league
The Bernsteins hope to go national with their organization. "I'm a big fan of Dr. Phil," Deborah admits with a laugh. "You hear him say all the time, 'If you could find help in your area, would you be willing to get help today?' And I always get this chill. We're going to be that organization that can help these people."

Here she is ...
Deborah, who for 12 years worked in the sales and marketing divisions of Inkeepers Hospitality, Marriott and Hilton, has worn her share of crowns—as a Florida beauty pageant queen. She is currently Ms. Florida USA Continental and was the 2002 Mrs. Florida titleholder.

Words to live by
"You're reminded of how fortunate you are every time you help someone," Ted says. "There's a sense of obligation. [Contributing] time, money—or both—is required of those people who are able."

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